

FIND OTHER CHRISTIANS

Many people will find that a study of the Bible and an active prayer life is not fully sufficient to refresh a weary spirit. It was in part for this reason that Jesus built the church, as a “support group” for spiritual seekers of God

More often than any other experience, the New Testament reveals that the spiritual seeker was meant to find rest in the company of other Christians. The Apostle Paul repeatedly stated this:

Romans 15:32 *that I may come to you with joy by the will of God, and may be refreshed together with you.*

1 Corinthians 16:18 *For they refreshed my spirit and yours. Therefore acknowledge such men.*

Will just any church do? Sadly, the answer to this is no. Throughout the New Testament there are warnings that many “believers”

only believe what makes them happy, and thus are not going to be able to help us to be spiritual.

2 Timothy 4:3-4 *For the time will come when they will not endure sound doctrine, but according to their own desires, because they have itching ears, they will heap up for themselves teachers; and they will turn their ears away from the truth (the Bible), and be turned aside to fables.*

Hopefully, you will carefully investigate any Christians you seek to help you in your walk, by finding out if they lean only on God’s Word, the Bible, to be spiritual. God promised that the Bible would be everything you need to be spiritual (II Timothy 3:16-17). God Bless you on your journey.

Want to know more? Contact us:

Finding Time For God



How To Balance Spiritual Needs

And

Day To Day Struggles

Many people have come to see that they have a need for spiritual comfort in a troubled world. Perhaps one of the most wonderful blessings in the Bible is made by Jesus in Matthew 11:28-30 when Jesus said "*Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.*"

Sometimes finding time for God is a great deal more difficult than it should be. There are a number of times the Bible speaks to the need of setting time to think about spiritual matters, both for the glory of God, but also for our own well-being. In Acts 3:19 Peter spoke of the "times of refreshing" that come "for the presence of the Lord" when we turn to God.

Perhaps we ought to think that it is not that we cannot spare the time to consider our spiritual needs, but that we cannot afford

NOT to spend some time reaching our spiritual needs. Let us consider three ways to strengthen the inner self, "*....strengthened with might through His Spirit in the inner man*" Ephesians 3:15

FIND TIME TO STUDY THE BIBLE

It is not a cliché to say that the answers to all of life's great questions are found within the Bible. How do I face the difficulty of losing loved ones? **John 11**. What should I do when How do I deal with the problems I face in marriage? **Ephesians 5:22-33**. How do I deal with a difficult job? **Ephesians 6:5-9**. There are whole books written to address our great difficulties in life. **Job** seeks to answer the great questions of why bad things happen to good people; **Ecclesiastes** is written by the wisest man in history about the meaning of life.

Sometimes we are worried that the Bible will prove to be too difficult to understand. But did you know that there is a promise

made that if you read the Bible, you are able to understand it? Paul said Ephesians 3:3-4 "*I have briefly written already, by which, when you read, you may understand my knowledge in the mystery of Christ*".

Your life comes with a book of directions. It is called the Bible. No other book can provide you the full course feast that your soul craves.

FIND TIME TO PRAY

The Bible tells us that Jesus Himself took a great deal of time to pray. Matthew 14:23" And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there." Even Jesus needed the refreshing that came by a conversation with God. Later in the New Testament we find that the Apostles are clear to devote time to praying to God, needing that door opened