

Our

Bodies

Amazing creations!

- Our bodies are wonderful; designed to be strong, resilient, and largely self-sufficient
- They allow most of us to experience this life independent of tethers
- They are the vehicle for our souls
- We are grateful for them. Well/ most of US...

Some people!

- What does the "Hollywood crowd" think about their bodies? Your body?
- If someone is a public figure and people pay them to entertain us, then they and others should be allowed to see and critique everyone's body!?!?
- People are criticized for keeping their life private. What does the National Enquirer do about this?

Some people!

- What happens when a face or body becomes old?

- What do they do about it?
- Plastic surgery
- Fad diets / Anorexia / Bulimia
- Suicide!
- Do these people worship their bodies (the creation)?
- How much time, money and focus do they spend fixing themselves UP? Do we do that?

What does God say about it?

- Rom 12.2-5
- 1 Tim 29-10 - 9...in like manner also, that the women adorn themselves in modest apparel, with propriety and moderation, not with braided hair or gold or pearls or costly clothing, 10bUt, which is proper for women professing godliness, with good works.

What does God say about it?

- 1 Tim 4:8-11 - 8For bodily exercise profits a little, but godliness is profitable for all things, having

promise of the life that now is and of that which is to come. 9 This is a faithful saying and worthy of all acceptance. 10 For to this end we both labor and suffer reproach, because we trust in the living God, who is the Savior of all men, especially of those who believe. 11 These things command and teach.

How should we think about our bodies?

- Are our bodies inherently sinful?

- Our bodies are designed for pleasure and with urges, and without restraint, they can turn into an object for sin
- Sexual immorality is one of the biggest problems in the world today
- Who designed them? Doesn't He tell us what to do with them and how He wants us to act?
- 1 Corinthians 6:7-20
- 1 Cor 7:1-5

Amazing, but imperfect!

- How much control do we have over the bodies we are given or what we do with them? If something happens to YOU at birth or in an accident that causes your body to have limitations, does it matter? Can't you still be saved?
- What about your body? Would YOU hate it for turning against you?

Amazing, but imperfect!

- What if your spouse's body gets sick? Your child's? Would you want them to hate their bodies? Wouldn't you want to take care of them and ensure they are healed?
- What if you were terminal? What would matter most to you?

What happens at the end?

- What happens when someone is dying? What things are most important to them?
 - Do you think they are concerned about:
 - their job?
 - their car?
 - chores they left undone?
 - food they left in the refrigerator?

What happens at the end?

- Maybe YOU have made plans, maybe not
 - Maybe YOU have regrets, maybe not
- Are you afraid, or calm?
- YOU think about:
 - your family
 - your friends your soul!

Amazing creations, yet temporary!

'James 4:13-15 - 13Come now, YOU who say, "Today or tomorrow we will go to such and such a city, spend a year there, buy and sell, and make a profit" • 14whereas you do not know what will happen tomorrow. For what is your life? It is even a vapor that appears for a little time and then vanishes away. 15Instead YOU ought to say, "If the Lord wills, we shall live and do this or that."

Amazing creations, yet temporary!

- James 4:13-15
 - Knowing this...
 - Does it matter what we do with them (Gnosticism)?
 - How should we treat our bodies (mortification of the flesh)?
 - What should be our focus (fleshly, or spiritual)?

How will we be changed?

- Rev 21:3 - "Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people. God Himself will be with them and be their God. 4And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor

crying. There shall be no more pain, for the former things have passed away."

How will we be changed?

- 1 John 3:2-3 - 2Beloved, now we are children of God; and it has not yet been revealed what we shall be but we know that when He is revealed/ we shall be like Him, for we shall see Him as He is. 3And everyone who has this hope in Him purifies himself, just as He is pure.